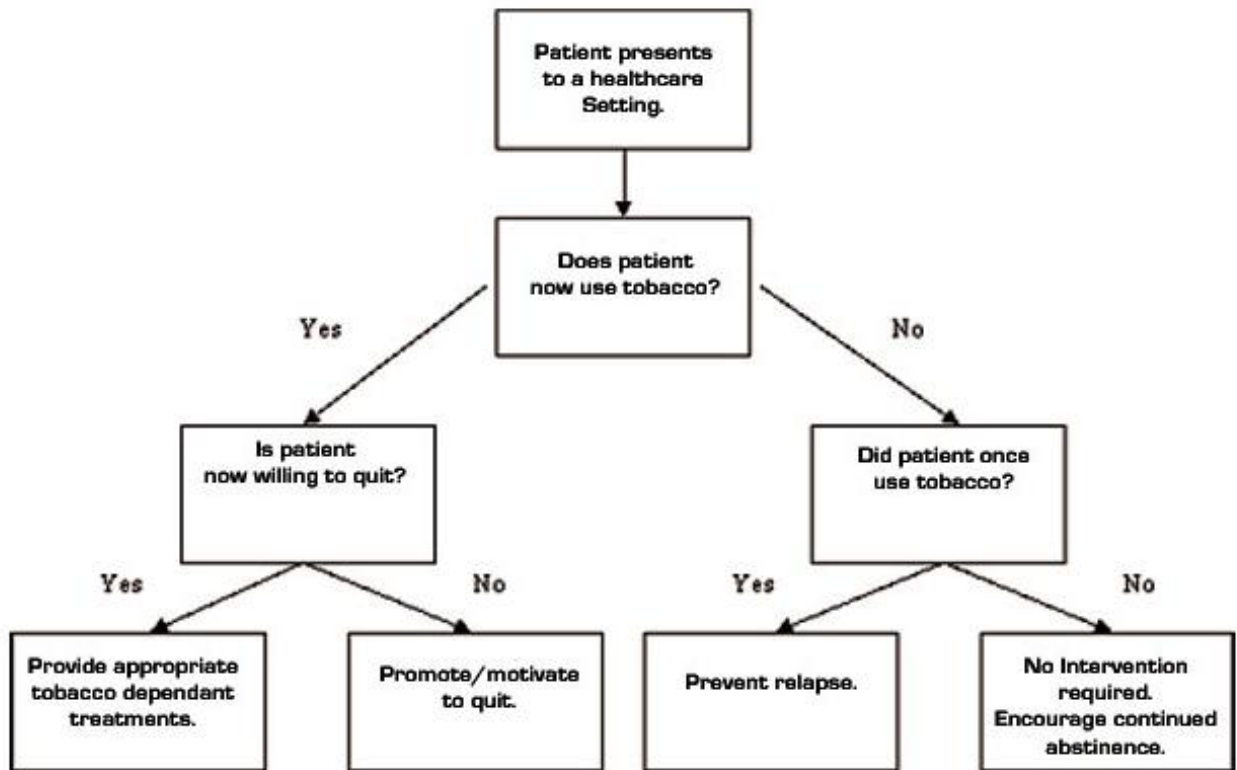


Clinical Practice Guidelines

The purpose of these Clinical Practice Guidelines is to make accessible to all health care providers evidence-based treatment for tobacco use and dependence, and to guide appropriate treatment for all tobacco users.

The graphic below illustrates the recommended Treatment Algorithm for any patient that interfaces with a healthcare delivery system.



National Core Measures

In-patient

Joint Accreditation Commission for Healthcare Organizations (JACHO)
<http://www.jointcommission.org/>

- Data Element
 - Adult Smoking Cessation Counseling
- Definition
 - An intervention to promote the cessation of tobacco use
- Allowable Values
 - Yes

Clinical Practice Guidelines

- No
- Performance Measure
 - Adult Smoking Cessation Advise/Counseling
- Suggested Data Sources
 - Clinician Notes
 - Referrals
 - Physician Orders
 - Flow Sheet
 - Clinical Logs
- Hints for Abstraction
 - Documentation in medical record which may include, but is not limited to:
 - Advice to stop smoking
 - Shown a smoking cessation video
 - Given brochures or handouts on smoking cessation
 - Provided with a smoking cessation medication
 - Referral to a smoking cessation program

Out-patient

National Committee for Quality Assurance Health Plan Employer Data Information System (HEDIS)* <http://www.ncqa.org/index.htm>

- Measure
 - Medical assistance with smoking cessation for tobacco users 18 and older
- Care, screening, or test needed
 - Current smokers who were seen by a practitioner during the measurement year and:
 - Received advice to quit
 - Cessation medications were recommended and discussed
 - Cessation methods were recommended or discussed

*Information is received via CAHPS survey methodology.

LSU HCSD Treatment of Tobacco Use and Dependence Policy

To view the LSU HCSD Treatment of Tobacco Use and Dependence Policy, [click here](#).

In-patient Process of Care

Who identifies tobacco users?

- Self-help/Quit Line referral flyer in ALL admit packets
- Admit staff Ask if patient uses tobacco

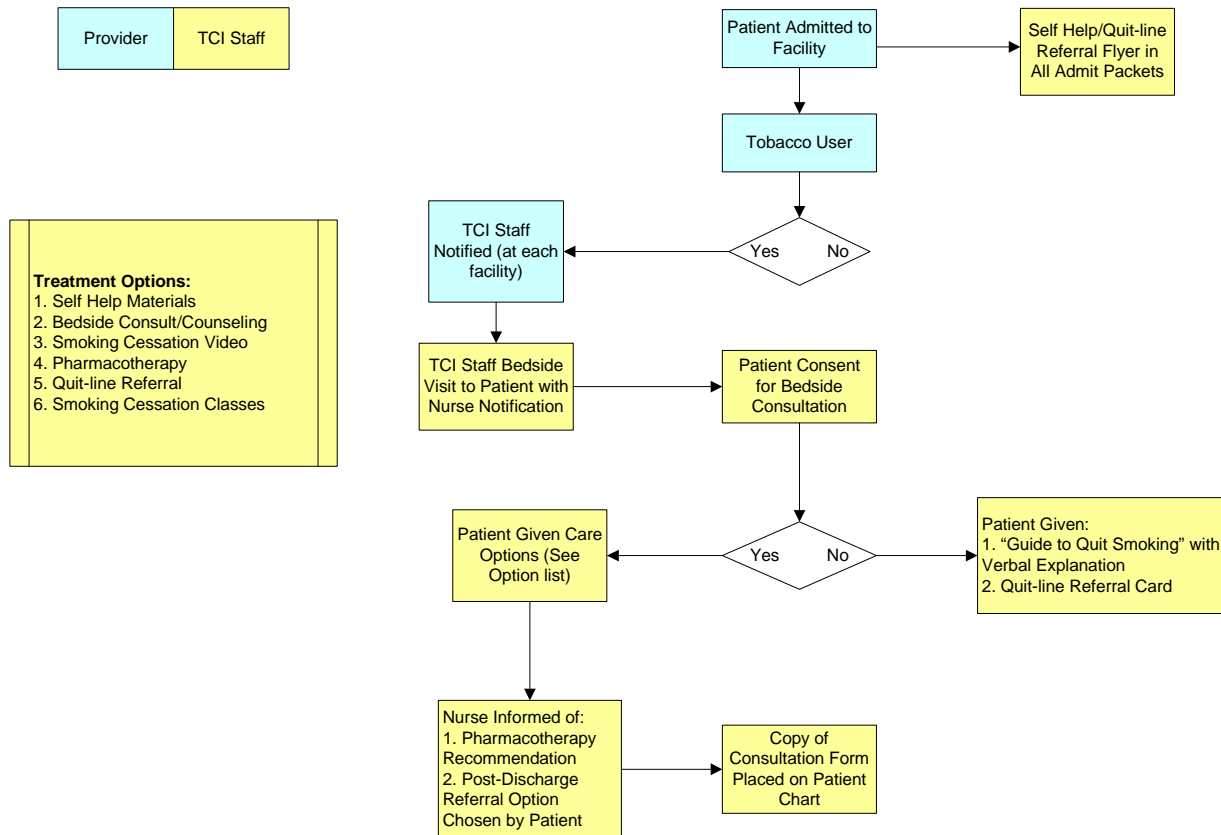
Clinical Practice Guidelines

- IT generates daily report of admits identified as tobacco users

Once identified, what occurs?

- TCI staff make bedside consultation with patient, Advise, Assess, Assist and Arrange cessation services
- TCI staff inform hospital staff of patients' chosen treatment options
- Consultation form placed in patient chart (provides accessible documentation of cessation services delivered)

SEE FLOWCHART BELOW



Out-patient Process of Care

Who identifies the tobacco users?

- Clinic staff **Ask** if the patients use tobacco

Once identified, what occurs?

- Clinic staff **Advise** ALL tobacco users of the importance of quitting and provide self-help/Quit Line referral fliers
- **Assess** readiness to quit, i.e. within 30 days
- **Assist** patient with selecting appropriate options for quit attempt
- **Arrange** follow-up contact to provide social support

Clinical Practice Guidelines

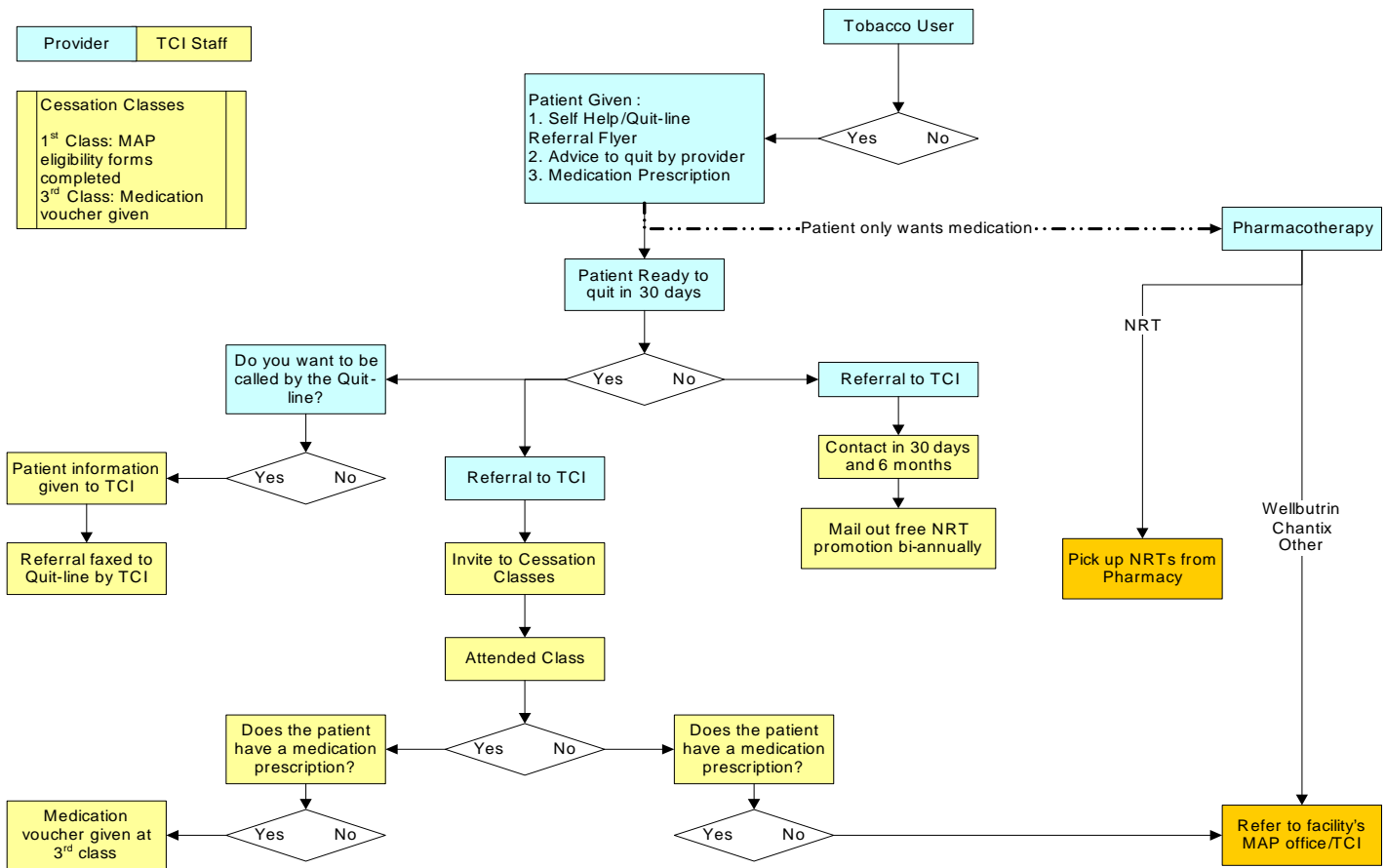
What happens if the patient is NOT ready to quit in 30 days?

- TCI staff provide motivational information at regular intervals
- Patients included in promotional events (NRT giveaways)

What if patient requests medication ONLY?

- Indicate on TCI referral form
- Provider attaches Rx to TCI referral form
- Assist through facility MAP

SEE FLOWCHART BELOW



Provider Advice Recommendations

In accordance with the National Clinical Practice Guidelines, the 5 As Approach, and the 5 R's Explanation should be utilized when treating patients who use tobacco.

5 A's Approach

Clinical Practice Guidelines

- **ASK** and document tobacco use status at every visit.
- **ASSESS** patient's willingness to make a quit attempt.
- **ADVISE** patients to make a quit attempt.
- **ASSIST** patients in their quit attempt.
- **ARRANGE**: Schedule follow-up contact.

5 R's Explanation

- **RELEVANCE**: Encourage the patient to indicate why quitting is personally relevant.
- **RISKS**: Ask patient to identify potential negative consequences of tobacco use.
- **REWARDS**: Ask patient to identify potential benefits of stopping tobacco use.
- **ROADBLOCKS**: Ask patient to identify barriers to quitting.
- **REPETITION**: Repeat motivational intervention.

Treatment Coverage

To view a table that summarizes health insurance coverage of tobacco treatment, [click here](#).