Clinical Practice Guidelines

The purpose of these Clinical Practice Guidelines is to make accessible to all health care providers evidence-based treatment for tobacco use and dependence, and to guide appropriate treatment for all tobacco users.

The graphic below illustrates the recommended Treatment Algorithm for any patient that interfaces with a healthcare delivery system.

National Core Measures

In-patient

Joint Accreditation Commission for Healthcare Organizations (JACHO)
http://www.jointcommission.org/

- Data Element
  - Adult Smoking Cessation Counseling

- Definition
  - An intervention to promote the cessation of tobacco use

- Allowable Values
  - Yes
Clinical Practice Guidelines

- Performance Measure
  - Adult Smoking Cessation Advise/Counseling

- Suggested Data Sources
  - Clinician Notes
  - Referrals
  - Physician Orders
  - Flow Sheet
  - Clinical Logs

- Hints for Abstraction
  - Documentation in medical record which may include, but is not limited to:
    - Advice to stop smoking
    - Shown a smoking cessation video
    - Given brochures or handouts on smoking cessation
    - Provided with a smoking cessation medication
    - Referral to a smoking cessation program

Out-patient

National Committee for Quality Assurance Health Plan Employer Data Information System (HEDIS)* http://www.ncqa.org/index.htm

- Measure
  - Medical assistance with smoking cessation for tobacco users 18 and older

- Care, screening, or test needed
  - Current smokers who were seen by a practitioner during the measurement year and:
    - Received advice to quit
    - Cessation medications were recommended and discussed
    - Cessation methods were recommended or discussed

*Information is received via CAHPS survey methodology.

LSU HCSD Treatment of Tobacco Use and Dependence Policy

To view the LSU HCSD Treatment of Tobacco Use and Dependence Policy, click here.

In-patient Process of Care

Who identifies tobacco users?
- Self-help/Quit Line referral flyer in ALL admit packets
- Admit staff Ask if patient uses tobacco
Clinical Practice Guidelines

- IT generates daily report of admits identified as tobacco users

Once identified, what occurs?
- TCI staff make bedside consultation with patient, Advise, Assess, Assist and Arrange cessation services
- TCI staff inform hospital staff of patients’ chosen treatment options
- Consultation form placed in patient chart (provides accessible documentation of cessation services delivered)

SEE FLOWCHART BELOW

Out-patient Process of Care

Who identifies the tobacco users?
- Clinic staff **Ask** if the patients use tobacco

Once identified, what occurs?
- Clinic staff **Advise** ALL tobacco users of the importance of quitting and provide self-help/Quit Line referral fliers
- **Assess** readiness to quit, i.e. within 30 days
- **Assist** patient with selecting appropriate options for quit attempt
- **Arrange** follow-up contact to provide social support
Clinical Practice Guidelines

What happens if the patient is NOT ready to quit in 30 days?

- TCI staff provide motivational information at regular intervals
- Patients included in promotional events (NRT giveaways)

What if patient requests medication ONLY?

- Indicate on TCI referral form
- Provider attaches Rx to TCI referral form
- Assist through facility MAP

SEE FLOWCHART BELOW

Provider Advice Recommendations

In accordance with the National Clinical Practice Guidelines, the 5 As Approach, and the 5 R’s Explanation should be utilized when treating patients who use tobacco.

5 A’s Approach
Clinical Practice Guidelines

- **ASK** and document tobacco use status at every visit.
- **ASSESS** patient's willingness to make a quit attempt.
- **ADVISE** patients to make a quit attempt.
- **ASSIST** patients in their quit attempt.
- **ARRANGE**: Schedule follow-up contact.

5 R’s Explanation

- **RELEVANCE**: Encourage the patient to indicate why quitting is personally relevant.
- **RISKS**: Ask patient to identify potential negative consequences of tobacco use.
- **REWARDS**: Ask patient to identify potential benefits of stopping tobacco use.
- **ROADBLOCKS**: Ask patient to identify barriers to quitting.
- **REPETITION**: Repeat motivational intervention.

Treatment Coverage

To view a table that summarizes health insurance coverage of tobacco treatment, [click here](#).